A Listening Moment

Main purpose - To develop children's listening skills and awareness of sounds in their environment.

This is a listening activity that can take place indoors or outdoors.



Remind children how to be a 'good' listener and invite them to show you how good they are at listening by remembering all the sounds they hear when they listen for a moment. It may be useful to use a sand timer to illustrate the passing of a set amount of time. Ask them what they thought made each sound and encourage them to try and make the sound themselves.