

Grandmother's Footsteps

Main purpose - To experience and develop awareness of sounds made with instruments and noise makers.



'Grandmother' has a range of instruments and the children decide what movement goes with which sound (e.g. shakers for running on tip-toe, triangle for fairy steps).

First an adult will need to model being Grandmother. Then a child takes the role. Grandmother stands with her back to the others and plays an instrument. The other children move towards Grandmother in the manner of the instrument while it is playing. They stop when it stops. The first person to reach Grandmother takes over that role and the game starts again.