Keep the Beat

Main purpose - To distinguish between sounds and to remember patterns to sounds.



Invite a small group of children to sit in a circle. The adult shows the children the symbols for producing a body percussion sound such as clap, clap, clap. Practise the body percussion sounds and then listen to the music and/or watch the video and join in when the children are able. Be aware that there is a 'free movement' section within the music.

Video: Body Percussion for Young Children (http://www.youtube.com/watch?v=BGTl4vOus4o)

Ask: Do you think that we could change the actions? What could we do instead of clapping or stamping?