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| **POLICY NAME**  Nut Avoidance at RFW | | **Department:** Catering |
| **Type of Document:** Policy |
| **Author:** Sally Lennox | **Approver:** Kevin Bone | **Document Number:** |
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1. **Purpose/Policy Statement** 
   1. This policy reflects Royal Far West’s approach to the health care and management of those suffering from specific, potentially severe nut allergies.
   2. Royal Far West and Royal Far West School have the following strategies in place to minimise the risk of anaphylaxis;
      1. RFW will avoid using nuts/nut butter in any food provided to children at RFW. All products bought by Catering will be checked as being nut free.
      2. RFWS will avoid using nuts/nut butter in any food provided to children at RFWS.
      3. Hands should be washed before and after handling food to ensure no transmission of allergies from the home environment/foods eaten outside RFW.
      4. RFW will avoid using nuts/nut butter in any foods provided to children at RFW excursions. All products bought by catering will be checked as being nut free.
      5. Pre admission letter to families asks them to please respect the ‘Nut Avoidance Policy’ and not bring nuts or nut products into Drummond House.
2. **Definitions** 
   1. Anaphylaxis – a rapidly progressing, potentially fatal allergic reaction to a substance
   2. Nut – A nut is a fruit composed of a hard shell and a seed, where the hard-shelled fruit does not open to release the seed
   3. Nut butter – a spreadable food stuff made by crushing nuts
3. **Related Documents/Links**
4. **Mandatory Training** 
   * Annual Hand Washing Training and Audits– Royal Far West
   * Annual training in management of Anaphylaxis - RFWS
5. **References**

* *<http://www.schools.nsw.edu.au/studentsupport/studenthealth/conditions/anaphylaxis/index.php>*
* *http://physicalasanything.com.au/*