

Roly Poly

Main purpose - To develop awareness of sounds and rhythms.

Rehearse the rhyme with the actions (rotating hand over hand as in the song 'Wind the Bobbin Up').



Ro...ly...Po...ly...ever...so...slowly.

Ro...ly...Poly faster (increase the speed of the action as you increase the speed of the rhyme.)

Now add in new verses, such as;

Stamp...your...feet...ever...so...slowly,

Stamp...your feet faster.

Ask the children to suggest sounds and movements to be incorporated into the song.

Say Hello ever so quietly,

Say HELLO LOUDER!