

USE VISUAL SUPPORTS

- Visual timetable on side of whiteboard signalling what is happening for the day. Remove each activity from the timetable as it is completed
- Colour code timetables, match the colour of the KLA with the textbook colour (e.g. Maths = red)
- Facial expressions/Emotions pictures in the classroom
- Social stories
- Actual photos of children demonstrating expected behaviours
- Stop lights – green, red, orange laminated cards
- Reflections sheets e.g. “Where did incident occur? How did it make you feel? How did it make other people feel?”
- PBL signs
- Mind-mapping
- Good layout of worksheets, e.g. colour blocking
- Visual timer/clock
- Non-verbal prompts, cues, gestures
- Card choices
- Universal Posters for the whole school/class
- Apps, e.g. Calm counter, Touch Autism
- Modelling
- My Coping Tools – Pinterest
- Visuals for all students, so no child feels different
- Trigger chart – showing levels of emotion and targets to get to
- Rules and consequences chart displayed
- Anger Thermometer
- Posters with images of children/teenagers representing the desired behaviour with words
- Scales, 1-10, measuring feelings (e.g. anxious, scared)
- St Luke’s resources, e.g. Bear Cars, Reflections cards
- “What is behind your anger?” poster
- Story books
- Video clips/real life scenarios for high school
- Air passes/Calm down card/Time Out card – student has a card they can present to teacher to gain permission to leave the room to calm down.